



# 2018 SHORT COURSE CHAMPIONSHIPS

**Weekend 1**  
Sat 1st/Sun 2nd September 2018  
**Weekend 2**  
Sat 8th/Sun 9th September 2018

## KEY DETAILS

Competition: 2018 Swimming Wellington Short Course Championships

Location: Wellington Regional Aquatic Centre

Date: September 1<sup>st</sup>/2<sup>nd</sup> & 8<sup>th</sup>/9<sup>th</sup>

## Session Start Times

Session 1: Sat 1 Sept - Warm-up 3pm, Start 4pm

Session 2: Sun 2 Sept - Warm up 7.30am, Start 8am

Session 3: Sat 2 Sept - Warm-up 3pm, Start 4pm

Session 4: Sat 8 Sept - Warm up 3pm, Start 4pm

Session 5: Sun 9 Sept - Warm up 7.30am, Start 8am

Session 6: Sun 9 Sept - Warm-up 3pm, Start 4pm

## Programmes

There will be no printed programmes available for spectators during this meet.

Final programmes will be available at [www.wellington.swimming.org.nz](http://www.wellington.swimming.org.nz)

5pm on the Friday prior to each weekend.

Results will be available on Meet Mobile.

**OPEN TO ALL AGES**

**TIMED FINALS**

**SHORT COURSE**

## OUR VALUES

**RESPECT**



**EXCELLENCE**



**TEAMWORK**



**KEEP UP TO DATE !**  
**@SWIMWELLINGTON**

### Event Contacts

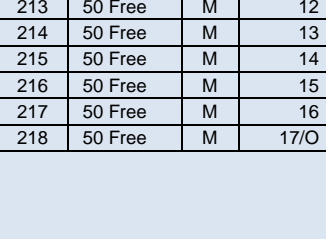
Angus Pashley: [Events@swimwn.co.nz](mailto:Events@swimwn.co.nz)  
Technical Director – Greg Forsythe

Club Duty Roster available in Dropbox. This is in addition to the technical officials clubs are required to provide.

## WEEKEND 1 - Saturday 1st and Sunday 2nd September 2018

## WEEKEND 2 - Saturday 8th and Sunday 9th September 2018

Session 1- Saturday 1st				Session 2- Sunday 2nd				Session 3- Sunday 2nd				Session 4- Saturday 8th				Session 5- Sunday 9th				Session 6- Sunday 9th				
Warm-up: 3-3.55pm				Warm-up: 7.30-8.25am				Warm-up: 3-3.55pm				Warm-up: 3-3.55pm				Warm-up: 7.30-8.25am				Warm-up: 3-3.55pm				
Start: 4.00pm				Start: 8.30am				Start: 4.00pm				Start: 4.00pm				Start: 8.30am				Start: 4.00pm				
1	400 Fr	F	12/U	49	800 Fr	M	Top20	88	400 Fr	M	14/15	127	400IM	F	12/U	174	1500 Fr	M	Top20	219	200 Fr	M	10/U	
2	400 Fr	F	13	50	800 Fr	F	Top20	89	400 Fr	M	16&O	128	400IM	F	13	175	1500 Fr	F	Top20	220	200 Fr	M	11	
3	400 Fr	M	12/U	51	200 Bk	M	10/U	90	400 Fr	F	14/15	129	400IM	M	14/15	176	100 IM	M	9/U	221	200 Fr	M	12	
4	400 Fr	M	13	52	200 Bk	M	11	91	400 Fr	F	16&O	130	400IM	M	16&O	177	100 IM	M	10	222	200 Fr	M	13	
5	50 Br	F	9/U	53	200 Bk	M	12	92	50 Fly	M	9/U	131	50 Bk	F	9/U	178	100 IM	M	11	223	200 Fr	M	14	
6	50 Br	F	10	54	200 Bk	M	13	93	50 Fly	M	10	132	50 Bk	F	10	179	100 IM	M	12	224	200 Fr	M	15	
7	50 Br	F	11	55	200 Bk	M	14	94	50 Fly	M	11	133	50 Bk	F	11	180	100 IM	M	13	225	200 Fr	M	16	
8	50 Br	F	12	56	200 Bk	M	15	95	50 Fly	M	12	134	50 Bk	F	12	181	100 IM	M	14	226	200 Fr	M	17/O	
9	50 Br	F	13	57	200 Bk	M	16	96	50 Fly	M	13	135	50 Bk	F	13	182	100 IM	M	15	227	400 IM	F	14/15	
10	50 Br	F	14	58	200 Bk	M	17/O	97	50 Fly	M	14	136	50 Bk	F	14	183	100 IM	M	16	228	400 IM	F	16/O	
11	50 Br	F	15	59	200 Bk	F	10/U	98	50 Fly	M	15	137	50 Bk	F	15	184	100 IM	M	17/O	229	400 IM	M	12/U	
12	50 Br	F	16	60	200 Bk	F	11	99	50 Fly	M	16	138	50 Bk	F	16	185	100 IM	F	9/U	230	400 IM	M	13	
13	50 Br	F	17/O	61	200 Bk	F	12	100	50 Fly	M	17/O	139	50 Bk	F	17/O	186	100 IM	F	10	231	100 Fly	F	9/U	
14	50 Br	M	9/U	62	200 Bk	F	13	101	50 Fly	F	9/U	140	50 Bk	M	9/U	187	100 IM	F	11	232	100 Fly	F	10	
15	50 Br	M	10	63	200 Bk	F	14	102	50 Fly	F	10	141	50 Bk	M	10	188	100 IM	F	12	233	100 Fly	F	11	
16	50 Br	M	11	64	200 Bk	F	15	103	50 Fly	F	11	142	50 Bk	M	11	189	100 IM	F	13	234	100 Fly	F	12	
17	50 Br	M	12	65	200 Bk	F	16	104	50 Fly	F	12	143	50 Bk	M	12	190	100 IM	F	14	235	100 Fly	F	13	
18	50 Br	M	13	66	200 Bk	F	17/O	105	50 Fly	F	13	144	50 Bk	M	13	191	100 IM	F	15	236	100 Fly	F	14	
19	50 Br	M	14	67	100 Fr	M	9/U	106	50 Fly	F	14	145	50 Bk	M	14	192	100 IM	F	16	237	100 Fly	F	15	
20	50 Br	M	15	68	100 Fr	M	10	107	50 Fly	F	15	146	50 Bk	M	15	193	100 IM	F	17/O	238	100 Fly	F	16	
21	50 Br	M	16	69	100 Fr	M	11	108	50 Fly	F	16	147	50 Bk	M	16	194	200 Br	M	10/U	239	100 Fly	F	17/O	
22	50 Br	M	17/O	70	100 Fr	M	12	109	50 Fly	F	17/O	148	50 Bk	M	17/O	195	200 Br	M	11	240	100 Fly	M	9/U	
23	100 Bk	F	9/U	71	100 Fr	M	13	110	200IM	M	10/U	149	200 Fr	F	10/U	196	200 Br	M	12	241	100 Fly	M	10	
24	100 Bk	F	10	72	100 Fr	M	14	111	200IM	M	11	150	200 Fr	F	11	197	200 Br	M	13	242	100 Fly	M	11	
25	100 Bk	F	11	73	100 Fr	M	15	112	200IM	M	12	151	200 Fr	F	12	198	200 Br	M	14	243	100 Fly	M	12	
26	100 Bk	F	12	74	100 Fr	M	16	113	200IM	M	13	152	200 Fr	F	13	199	200 Br	M	15	244	100 Fly	M	13	
27	100 Bk	F	13	75	100 Fr	M	17/O	114	200IM	M	14	153	200 Fr	F	14	200	200 Br	M	16	245	100 Fly	M	14	
28	100 Bk	F	14	76	200 Fly	F	12/U	115	200IM	M	15	154	200 Fr	F	15	201	200 Br	M	17/O	246	100 Fly	M	15	
29	100 Bk	F	15	77	200 Fly	F	13	116	200IM	M	16	155	200 Fr	F	16	202	200 Br	F	10/U	247	100 Fly	M	16	
30	100 Bk	F	16	78	200 Fly	F	14	117	200IM	M	17/O	156	200 Fr	F	17/O	203	200 Br	F	11	248	100 Fly	M	17/O	
31	100 Bk	F	17/O	79	200 Fly	F	15	118	100 Fr	F	9/U	157	100 Br	M	10	204	200 Br	F	12	249	50 Free	F	9/U	
32	100 Bk	M	9/U	80	200 Fly	F	16	119	100 Fr	F	10	158	100 Br	M	11	205	200 Br	F	13	250	50 Free	F	10	
33	100 Bk	M	10	81	200 Fly	F	17/O	120	100 Fr	F	11	159	100 Br	M	12	206	200 Br	F	14	251	50 Free	F	11	
34	100 Bk	M	11	82	200 Fly	M	12/U	121	100 Fr	F	12	160	100 Br	M	13	207	200 Br	F	15	252	50 Free	F	12	
35	100 Bk	M	12	83	200 Fly	M	13	122	100 Fr	F	13	161	100 Br	M	14	208	200 Br	F	16	253	50 Free	F	13	
36	100 Bk	M	13	84	200 Fly	M	14	123	100 Fr	F	14	162	100 Br	M	15	209	200 Br	F	17/O	254	50 Free	F	14	
37	100 Bk	M	14	85	200 Fly	M	15	124	100 Fr	F	15	163	100 Br	M	16	210	50 Free	M	9/U	255	50 Free	F	15	
38	100 Bk	M	15	86	200 Fly	M	16	125	100 Fr	F	16	164	100 Br	M	17/O	211	50 Free	M	10	256	50 Free	F	16	
39	100 Bk	M	16	87	200 Fly	M	17/O	126	100 Fr	F	17/O	165	100 Br	F	9/U	212	50 Free	M	11	257	50 Free	F	17/O	
40	100 Bk	M	17/O									166	100 Br	F	10	213	50 Free	M	12					
41	200 IM	F	10/U									167	100 Br	F	11	214	50 Free	M	13					
42	200 IM	F	11									168	100 Br	F	12	215	50 Free	M	14					
43	200 IM	F	12									169	100 Br	F	13	216	50 Free	M	15					
44	200 IM	F	13									170	100 Br	F	14	217	50 Free	M	16					
45	200 IM	F	14									171	100 Br	F	15	218	50 Free	M	17/O					
46	200 IM	F	15									172	100 Br	F	16									
47	200 IM	F	16									173	100 Br	F	17/O									
48	200 IM	F	17/O																					



# 2018 QUALIFYING TIMES

MALE								FREESTYLE								FEMALE													
9/U	10	11	12	13	14	15	16+	50	100	200	400	800	1500	9/U	10	11	12	13	14	15	16+	9/U	10	11	12	13	14	15	16+
0.45	0.43	0.42	0.40	0.35	0.34	0.34	0.33	50						0.45	0.43	0.42	0.40	0.37	0.36	0.35	0.35								
1.43	1.35	1.29	1.25	1.15	1.13	1.12	1.11	100						1.43	1.35	1.29	1.25	1.18	1.17	1.17	1.16								
3.17	3.17	3.02	2.53	2.38	2.34	2.32	2.28	200						3.17	3.17	3.02	2.53	2.44	2.42	2.41	2.39								
6.10	6.10	6.10	6.00	5.35	5.25	5.24	5.24	400						6.10	6.10	6.10	6.00	5.50	5.44	5.42	5.38								
11.20	11.20	11.20	11.20	11.20	10.45	10.45	10.45	800						11.30	11.30	11.30	11.30	11.30	11.25	11.25	11.23								
21.12	21.12	21.12	21.12	21.12	20.40	20.40	20.23	1500						22.00	22.00	22.00	22.00	22.00	21.40	21.40	21.40								

MALE								BACKSTROKE								FEMALE										
9/U	10	11	12	13	14	15	16+	50	100	200	9/U	10	11	12	13	14	15	16+	9/U	10	11	12	13	14	15	16+
0.51	0.50	0.48	0.45	0.40	0.39	0.38	0.37	50			0.51	.50	0.48	0.45	0.42	0.41	0.41	0.40								
1.51	1.47	1.41	1.36	1.24	1.23	1.23	1.21	100			1.51	1.47	1.41	1.36	1.29	1.28	1.28	1.27								
3.35	3.35	3.22	3.10	3.00	2.55	2.50	2.49	200			3.35	3.35	3.24	3.14	3.06	3.01	3.00	2.58								

MALE								BREASTSTROKE								FEMALE										
9/U	10	11	12	13	14	15	16+	50	100	200	9/U	10	11	12	13	14	15	16+	9/U	10	11	12	13	14	15	16+
0.59	0.56	0.52	0.49	0.45	0.44	0.43	0.42	50			0.59	0.56	0.52	0.49	0.46	0.45	0.45	0.44								
2.14	2.00	1.52	1.47	1.36	1.33	1.32	1.31	100			2.05	1.55	1.43	1.40	1.39	1.38	1.38	1.37								
4.09	4.09	3.48	3.38	3.21	3.14	3.12	3.10	200			4.00	4.00	3.40	3.29	3.28	3.27	3.20	3.20								

MALE								BUTTERFLY								FEMALE										
9/U	10	11	12	13	14	15	16+	50	100	200	9/U	10	11	12	13	14	15	16+	9/U	10	11	12	13	14	15	16+
0.54	0.50	0.47	0.44	0.40	0.39	0.39	0.38	50			0.55	0.51	0.47	0.44	0.41	0.40	0.40	0.40								
2.00	1.52	1.43	1.40	1.28	1.25	1.24	1.24	100			2.00	1.53	1.44	1.41	1.35	1.30	1.29	1.28								
3.35	3.35	3.35	3.30	3.08	3.06	3.04	3.03	200			3.40	3.40	3.40	3.35	3.25	3.20	3.20	3.18								

MALE								INDIVIDUAL MEDLEY								FEMALE										
9/U	10	11	12	13	14	15	16+	100	200	400	9/U	10	11	12	13	14	15	16+	9/U	10	11	12	13	14	15	16+
1.56	1.49	1.42	1.38	1.27	1.26	1.26	1.26	100			1.56	1.48	1.42	1.38	1.30	1.29	1.29	1.29								
3.26	3.26	3.26	3.14	3.01	2.56	2.55	2.54	200			3.26	3.26	3.26	3.14	3.07	2.55	2.54	2.53								
7.00	7.00	7.00	6.58	6.31	6.25	6.24	6.18	400			7.00	7.00	7.00	6.58	6.53	6.50	6.47	6.43								

Access all Swimming Wellington Meet information on Meet Mobile

**CHANGING THE WAY SWIM MEETS ARE EXPERIENCED:**



**Swimmers** can check heat sheets and event timelines from anywhere to make sure they're at the starting block on time.

**Fans** can flag and track their favourite swimmers in real time, without needing to be at the meet.

**Coaches** can flag their swimmers and/or teams as favourites and then easily drill down into heat and lane assignments.

## Meet Conditions:

1. Meet will be swum short course under SNZ/FINA rules except where local rules and conditions apply.
2. All events will be swum as timed finals. The start will be from the deep end.
3. This meet is open to **financial SNZ registered competitive** swimmers.
4. Age as at 1<sup>st</sup> September 2018.
5. Qualifying times must have been obtained between **30<sup>th</sup> July 2017** and the entry closing date of **26th August 2018** and be held within SNZ database as approved meet times. Converted times are permissible.
6. Individual timed final events will be swum and scored in the following age groups for both male & female: 50m & 100m all events: 9/u, 10, 11, 12, 13, 14, 15, 16, 17+, 200m backstroke, breaststroke, freestyle & IM: 10/u, 11, 12, 13, 14, 15, 16, 17+, 200m butterfly 12/u, 13, 14, 15, 16, 17+, 400m Freestyle & IM: 12/u, 13, 14/15, 16, 17+: 800/1500m Freestyle: 14/U, 15/16, 17+, (limited to top 20 entries for males and females, irrespective of age).
7. Medals will be presented throughout the sessions, to those placed 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each event. Ribbons will be available for collection for those placed 4<sup>th</sup> – 10<sup>th</sup>. Club uniform tops for medal presentations. Same gender substitutions permitted.
8. Age group points will be earned as 20, 14, 10, 7, 6, 5, 4, 3, 2, 1 for first to tenth inclusive. Overall age group awards will be presented for each MALE and FEMALE 9/U, 10, 11, 12, 13, 14, 15, 16, 17+ at the end of the meet. Three trophies will be awarded to Wellington Regional Clubs only. (1) To the club team of more than four swimmers that achieves the best average individual event points over the meet, i.e. points divided by the number of swimmers; (2) for the Club with the highest points score; (3) for the highest scoring club in the 12&U age.
9. Marshalling will operate throughout the meet.
10. Entry fees are \$11.00 per event per swimmer.
11. Entries and payment will be via the SNZ Database, pay later not an option. Entries open on 30 July 2018 and close at 23:59:59 (Midnight) on Sunday 26 August 2018. Late entries will NOT be accepted.
12. Initial psych sheets will be posted on the website on the Tuesday prior to each weekend and final psych sheets on the Fridays prior to each weekend.
13. There will be no refunds for withdrawals after publication of the final psych sheets. Swimmers withdrawing for medical reasons must provide a valid medical certificate prior the start of session 1 (for weekend 1), or session 4 (for weekend 2) to be considered for a refund.
14. Scratchings for sessions 1 and 4 must be submitted by **5pm** on the Friday prior, to [events@swimwn.co.nz](mailto:events@swimwn.co.nz). For subsequent sessions, scratchings must be submitted no later than 10 minutes following the completion of the session prior. Withdrawals that don't comply with these conditions, or if swimmers fail to report to the marshall, will incur a \$30 penalty.
15. Para swimmers will be eligible to compete in events for which they have an approved meet time. Para swimmers must present their classification card to the Technical Director prior to the first session they compete in at the meet. Entries for para swimmers must be submitted manually by email to [events@swimwn.co.nz](mailto:events@swimwn.co.nz) on or before Sunday, 26<sup>th</sup> August 2018
16. Strapping of muscles/joints is not permitted unless supported by a doctor or physio certificate and sighted by the Technical Director prior to the start of the meet.
17. By entering this meet, swimmers agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swim Wellington in accordance with the SNZ Member Protection Policy.
18. Swimming Wellington reserves the right to restrict entries and amend the programme.
19. Swimming Wellington will not be liable for any loss, damage or injury that may occur at this meet.
20. All Participants must agree to comply with the Sports Anti-Doping Rules.
21. Protests shall be lodged as per SNZ Regulation 4.

## CLUB / SPECTATOR INFORMATION

1. Swimmers and officials must use their Swimming Wellington entry card.
2. All participating Wellington clubs will be required to provide officials for this meet. Visiting officials may apply via email [RTOP@swimwn.co.nz](mailto:RTOP@swimwn.co.nz) by 5pm Tuesday 28 August.
3. There will be an officials meeting in the marshaling room 20 minutes prior to the start of each session.
4. Duty Club requirements will be advised by SW in the drop box.
5. Entry for all swimmers, officials, team managers and coaches will be via the southern entrance on Kilbirnie Crescent. Swimmers and coaches to present Swimming Wellington pool entry passes. Coaches NZSCTA entry passes are to be used. Visiting clubs will be issued with temporary entry passes for the weekend. Officials (including timekeepers and duty clubs volunteers) are required to sign in on entry.
6. Entry and programmes for nominated team coaches & team managers will be: 1–10 swimmers [2], 11-20 [4], 21-35+ [6]. programmes for team managers & coaches can be uplifted from the signing in desk on entry via Kilbirnie Crescent.
7. There will be a team manager meeting in the marshaling room 15 minutes before the start of warm-up (2.45pm) on both Saturday sessions.
8. Entry fee \$3 for all spectators.

## WARM UP PROCEDURE

Warm up is restricted to those competing in the meet. Two warm-up/warm-down lanes will be available in the shallow end of the pool during warm-up and throughout each session including one exclusively for Para swimmers. Entry to the pool during warm up will be feet first only except authorised dive lanes. Lanes 0, 1, 2, 3, 4 & 5 will be allocated to swimmers aged 15 & under. Lanes 6, 7, 8 & 9 will be allocated to swimmers age 16 & over. Lanes 0, 1, 8 & 9 will be dive lanes for the last 15 minutes of warm up. The warm-up procedure is to be managed and controlled by clubs/coaches.